

# VERITAS Rustic Writing Retreat For Women

Whidbey Island March 17-21, 2019

Co-Leaders: Christi Craig & Elin Stebbins Waldal

### **Topic of the 2019 Retreat: PERMISSION**

During this retreat, we will read about, discuss, and write about **PERMISSION**, the role it plays in our writing and how we may grant ourselves license to pursue our stories. The first step of this process may very well be permission to indulge in this gift of retreat. You will also have free time to write and revise other work inspired by daily lessons and discussions.

# A Typical Day

7:30-8:30 Breakfast

8:30-10:00 Working session

10:00-11:30 Writing time

11:30-12:00 Lunch prep

12:00-1:00 Lunch

1:00-2:00 Working Session with a 15 minute writing prompt.

2:00-5:30 Free time to work, nap, or choose an activity

5:30-6:30 Dinner Prep

6:30-7:30 Dinner

7:30-8:30 Sharing stories, essays of your own, essays you love

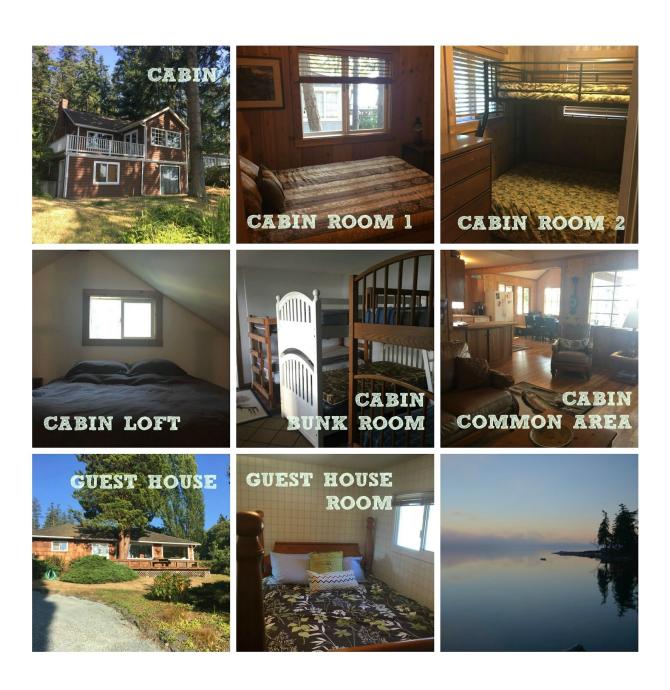
# **Registration Fees**

Registration includes lodging and all meals, except for one dinner out on Wednesday, March 20th. A \$100 deposit is due by December 15, 2018 with the remaining balance due February 1, 2019. Seats are limited and registration closes on Feb. 16, 2019.

### Lodging

The grounds offers several different styles and fees are adjusted accordingly. When you register, please choose your preferred lodging (preferences will be granted on a first-come-first-served basis).

- 1. **Guest House: \$700.** Sleeps 1 with 1 bathroom. (Yoga will be held in common area of Guest House)
- 2. **Cabin: Single Bedroom \$600; Loft Room \$550.** Sleeps 3 with 2 bedrooms, 1 loft, and 1 full bathroom
- 3. **Bunk Room: \$500.** Sleeps 3 with 3 twin bunk beds. *Guests will need to exit the bunk room and walk up the sidewalk to enter the main living space and access the bathroom.*



### Meals

If you have special dietary needs, we will accommodate your needs as best we can. Once you register, you will receive an email with further information and a space to designate if you have food allergies, prefer vegetarian meals, etc.

## **Cancellation policy**

If you need to cancel your registration, please inform the co-leaders no later than February 1, 2019. Registration fees will be returned, minus the non-refundable \$100 deposit.